



Catalogue

The Spices



Healthy, simple and tasty!



I have selected the most prestigious, natural and authentic spices so as to offer you uniquely flavored and easy to use blends.

From the four corners of the earth, Dar Choumicha® spices will give your dishes the unforgettable taste of Morocco!



Choumicha

The Classics



Organically grown, carefully selected and checked at each stage of production to guarantee products of irreproachable quality. To ensure a **healthy** product, our spice mixes comprise only the purest spices and seasonings and are **free of salt, additives, artificial colors or flavor enhancers**.

Packing in metal containers ensures optimal conservation of the spices both health and flavor-wise.

TIPS BEFORE USING

Store in a dry place.
Reseal well after each use.



SPICES FOR TAJINES

Description • Basic spice mix for Tajines of meat or poultry with vegetables • **Contains** • Turmeric, garlic, ginger, onion, sweet red paprika, coriander (cilantro), white pepper, black pepper • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT
30gr



Tajine of chicken drumsticks with fennel and green peas



CHERMOULA SPICES FOR FISH

Description • Moroccan spice mix for fish and marinated vegetable salads • **Contains** • Sweet red paprika, cumin, coriander (cilantro), garlic • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT
30gr



Red mullet with cherry tomatoes and new potatoes



ORGANIC SPICES FOR COUSCOUS

Description • Moroccan spice mix for all types of Couscous • **Contains** • Turmeric, onion, ginger, sweet red paprika, black pepper, white pepper, coriander (cilantro) • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT
30gr



Vegetable couscous

The Kanoons



Carefully developed blends using some thirty different spices That enable you get a perfect result every time from a single pack. Enhance your dishes with just the **right measure** of the spices required to bring out the finest flavors of your favorite recipes. Save time and shelf space. **Less waste, more flavor.** Dar Choumicha® spice blends are your essential kitchen companions.

PRODUCTS ORGANICALLY GROWN

No additives, no artificial colors, no preservatives, No salt.



LIQAMA HARRA SPICES FOR GRILLED MEATS - Spicy

Description • Liqama Harra is a mixture of aromatic herbs, spices, garlic and hot chili. Ideal for grilled meats, roasts and minced meats with the sun-drenched flavors of the Mediterranean, lightly spiced up • **Contains** • Cumin, caraway, coriander (cilantro), hot chili, garlic, oregano, parsley, marjoram • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT 60gr



Mince stuffed with lambs' brain



LIQAMA HLOUWA SPICES FOR GRILLED MEATS - Sweet

Description • Liqama Hlouwa is a mixture of aromatic herbs, spices, garlic and onion. Ideal for grilled meats, roasts and minced meats with the sun-drenched flavors of the Mediterranean • **Contains** • Garlic, onion, coriander (cilantro), black pepper, white pepper, caraway, rosemary, cumin, thyme, parsley, green aniseed, marjoram, bay leaf • **Recipe Ideas** : www.darchoumicha.com

NET WEIGHT 60gr



Lamb meat ball skewers



BAHARAT SPICES FOR MIDDLE EASTERN RECIPES

Description • Middle Eastern spice mix for rice dishes and Shawarma meat marinades • **Contains** • Cinnamon, black pepper, sweet red paprika, nutmeg, ginger, cloves, coriander (cilantro), cardamom • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT 80gr



Lamb Shawarma





The Essentials

Choumicha has put all her experience and knowledge of spices and her love of **fine Moroccan cuisine** into developing these exceptional spice blends. For beginners or experienced cooks, Dar Choumicha® spice blends will enhance your dishes and their authentic, **unforgettable flavors will delight you.**

ORGANIC



RAS EL HANOUT SPICES

Description • Moroccan spice mix for: M'Rouzia, Tajines with prunes, Pastilla, Tanjia or Hargma • **Contains** • Turmeric, cinnamon, ginger, black pepper, white pepper, cardamom, nutmeg, cloves, aniseed, caraway, saffron • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT
80gr



Lamb neck
M'Rouzia,
Essaouira Style



M'QALLI SPICES FOR MEAT AND POULTRY

Description • Special mix for meat and poultry M'Qalli (very reduced onion sauce) with a ginger and saffron base. Used for tajines with mashed vegetables (called Mderbel) or tajines with violet olives and preserved lemons • **Contains** • Turmeric, ginger, garlic, onion, cinnamon, saffron • **Recipe Ideas** : www.darchoumicha.com

NET WEIGHT
80gr



Chicken M'Qalli
with baby onions
and tomato jam



M'HAMMAR SPICES FOR MEAT AND POULTRY

Description • Red Moroccan spice mix with a sweet red paprika base for meat and poultry • **Contains** • Sweet red paprika, ginger, garlic, black pepper, white pepper, turmeric, cumin • **Recipe ideas** : www.darchoumicha.com

NET WEIGHT
80gr



Chicken M'Hammar

The Teas

A range of teas with legendary qualities and recognized benefits, healthy ingredients nobly selected, organically grown and guaranteed free of pesticides, insecticides or other chemicals. They have passed a series of tests (botanical, organoleptic, pesticidal, microbiological....) to conform with International standards of food control.



Green Tea



The best of both worlds • Gunpowder Green and Chun Mee are the two varieties of Chinese green tea customarily used by Moroccans to prepare their traditional mint tea. Some prefer the character and pronounced flavor of Gunpowder Green where as others favor the rounded, delicate flavors of Chun Mee.

I have chosen the best of both these varieties and offer you a special blend that has been carefully developed. It combines perfectly with mint to give a delicious, balanced brew with pronounced yet subtle flavors.

Ingredients • Gunpowder green tea, Chun Mee green tea.



NET WEIGHT
125gr

Loose leaf

Black tea with rose petals

Escape and relax •
I have selected for you an
exceptional black tea
flavored with real rose
petals.

This irresistible blend with
its voluptuous flavors and
its relaxing and calming
qualities may be enjoyed at
any time of the day.

Ingredients • Black tea,
rose petals, natural
flavorings.



THE MUSLIN TEA BAGS

The cotton tea bags are
hand-knotted without glue or staples.
They are made of 100% natural,
biodegradable cotton and are loosely
woven to contain only perfect, whole tea
leaves. This enables the development of
the most delicate of flavors when the
tea is brewed.

15



Green tea with ginger and lemongrass

Refreshing and energizing •
I have selected for you an
exceptional green tea flavored
with ginger and lemongrass.
This delicious blend is a great
source of vitality.

Refreshing and energizing, each
cup provides you with renewed
verve.

Ingredients • Green tea,
ginger, lemongrass, natural
flavorings.



ORGANIC

Voyage to India •

Chai or spiced tea is central to
the Indian life-style. Steeped in
milk and sweetened with sugar,
it is available at every street
corner from ambulant vendors,
the famous Chai Wallahs. It can
be enjoyed at any time of the day
and is offered to visitors as
a gesture of welcome.

With this tea, flavored with my
personal blend of spices, I invite
you to join me on an unforget-
table journey to fascinating
India and its ancient traditions.

Ingredients • Black tea,
cinnamon, fennel, ginger, cloves,
aniseed.



NET WEIGHT
37,5gr

15 teabags

Green Tea with mint

Refreshing and traditional •
Green tea with mint
is emblematic of the Moroccan
lifestyle and the legendary
hospitality of its people.

I have chosen for you the finest
Chinese green tea and prime
organic mint to create this
exceptional and authentic blend,
faithful to our ancestral
traditions.

Ingredients • Green tea, mint.



NET WEIGHT
37,5gr

15 teabags



NET WEIGHT
37,5gr

15 teabags



NET WEIGHT
37,5gr

15 teabags

New packaging



Black tea with rose petals

An exceptional black tea with rose petals, an irresistible blend of voluptuous aromas.
Ingredients • Black tea, rose petals, natural flavorings.

NET WEIGHT
40gr

20 teabags



Black tea with spices

A black tea with sweet spices, an unforgettable journey in the ancestral Indian tradition of Chai Walla.
Ingredients • Black tea, cinnamon, fennel, ginger, cloves, aniseed.

NET WEIGHT
40gr

20 teabags



20
Biodegradable
Pyramid Teabags
in Freshness envelopes



Green Tea

Fresh and elegant Chinese green tea.
Ingredients • Gunpowder green tea, Chun Mee green tea.

NET WEIGHT
40gr

20 teabags



Green Tea with mint

Green tea with mint, the symbol of the art of living of Morocco and the legendary hospitality of its people.
Ingredients • Green tea, mint.

NET WEIGHT
40gr

20 teabags



Green tea with ginger and lemongrass

An exceptional green tea with ginger and lemongrass, a real source of vitality and freshness.
Ingredients • Green tea, ginger, lemongrass, natural flavorings.

NET WEIGHT
40gr

20 teabags

New references



Green tea
with Mint & Orange
Blossom

NET WEIGHT
40gr

20 teabags

Green Tea with Mint & Orange Blossom • Green tea with mint, enhanced with delicate orange blossoms.

Ingredients • Chun Mee green tea, sweet mint, orange blossom.



Green tea
with Jasmine

NET WEIGHT
40gr

20 teabags

Green Tea with Jasmine • A delicate jasmine green tea, to be enjoyed all day long.

Ingredients • Green tea, jasmine.



Green Tea
with Mint
& Licorice

NET WEIGHT
40gr

20 teabags

Green Tea with Mint & Licorice • Green tea with mint, enhanced with the intense flavor of Licorice.

Ingredients • Green tea, mint, licorice.



Verbena
& Mint

NET WEIGHT
40gr

20 teabags

Verbena & Mint • The authentic flavor of mint combined with the refreshing twist of verbena.

Ingredients • Verbena, mint.



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